

## Resistant Plants

## Food for Thought!

- When populations are high and food scarce, deer and rabbits will nibble on almost any plant (**including roses**), so no plant is guaranteed to be 100% deer or rabbit proof.
- Local populations may even develop a "taste" for plants that deer and rabbits in other regions may avoid.
- There are 2 general strategies for protecting vulnerable or existing plants from nibbling deer and rabbits:
  - Physical barriers:
    - Fall to spring: Wrap or cage specific vulnerable plants with sturdy materials such as poultry wire or snow fencing.
    - "Nite Guard" a small red light that imitates the eyes of deer predators, placed near plants
    - Sprinklers with a motion detector, send a blast of water to scare deer
  - Bad smell or taste:
    - Odours of predators: "Plantskydd" or Coyote urine These products must be reapplied after a rain.
    - Odours of rotting food: "Bobbex" and "Deer Away" These products bond to plants and do not wash off. The odour is not strong to the human nose.
    - A diluted solution of hot sauce (15 millilitres of hot sauce in four to five litres of water) sprayed directly on fruits and vegetables or around the perimeter of the garden may deter rabbits.
- General plant characteristics that deer and rabbits avoid:
  - Fragrant or aromatic plants such as rosemary, oregano, lavender, sage etc. (they don't like the strong odours)
  - Fuzzy leaves (must be like eating Velcro!)
  - Prickly leaves or stems
  - $\circ~$  Ornamental grasses (difficult for deer to chew)-but rabbits will eat Blue Fescue and some others
- Vegetables that rabbits avoid: asparagus, tomatoes, potatoes, cucumbers, zucchini
- Deer tend to avoid garlic mustard and in so doing help it dominate garden & natural areas.
- Always check that the species you're planting is not on the invasive species list. See <u>Terrestrial</u> <u>Invasive Plants</u> or <u>Credit Valley Conservation Priority Invasive Plant</u> list for more information. This list is reviewed from time to time and every attempt is made to remove invasive species of plants from our list.



## Deer and Rabbit <u>Resistant</u> Plant List

<b>Botanical Name</b> • *this genus contains native species	Common Name	Resistant to deer or rabbit	General Information <ul> <li>perennial, annual, shrub, vine, annual, native</li> <li>**may contain species which are invasive</li> </ul>
Achillea* sp.	Yarrow	D, R	Perennial
Acorus sp.	Sweet Flag	D	Wetland perennial
Aconitum sp.	Monkshood	D, R	Perennial
Agapanthus sp.	Lily-of-the-Nile	D, R	Annual tropical
Agastache* sp.	Anise-Hyssop	D, R	Perennial
Aquilegia sp.	Columbine	D, R	Native perennial flower
Alchemilla sp.	Lady's Mantle	D, R	Perennial
Allium sp.	Flowering Onions	D	Perennial
Anemone sp.	Anemone	D, R	Perennial
Artemisia <b>sp.</b>	Artemisia, Wormwood	D, R	Perennial
Antirrhinum sp.	Snapdragon	R	Annual
Aruncus sp.	Goatsbeard	D	Perennial
Astilbe sp.	Astilbe	D, R	Perennial
Baptisia sp.	False Indigo	D, R	Native perennial flower
Bergenia sp.	Bergenia	D, R	Perennial
Brunnera sp.	Siberian Bugloss	D, R	Perennial
Calendula sp.	Marigold	R	Annual
Campanula sp.	Bellflower	D	Perennial**
Campsis radicans	Trumpet Vine	D, R	Native flowering
			vine(aggressive)
Cimicifuga* sp.	Bugbane	D, R	Perennial
Chelone sp.	Turtlehead	D, R	Native perennial flower
Clematis sp.	Clematis	D, R	Vine
Coreopsis* sp.	Tickseed	D, R	Perennial
Corydalis* sp.	Corydalis	R	Perennial
Delphinium sp.	Delphinium	D, R	Perennial
Dicentra sp.	Bleeding Heart	D, R	Perennial
Digitalis sp.	Foxglove	D, R	Perennial
Echinacea sp.	Coneflower	D	Native perennial flower
Echinops sp.	Globe Thistle	D	Perennial
Epimedium sp.	Barrenwort	D, R	Perennial groundcover
Eupatorium sp.	Joe-Pye Weed	D, R	Native perennial flower
Euphorbia sp.	Spurge	D, R	Perennial
Ferns		D, R	Perennial
• Athyrium sp.	<ul> <li>Painted</li> </ul>	D, R	Perennial
• Dryopteris sp.	Shield	D, R	Perennial
• Matteuccia sp.	Ostrich	D, R	Perennial, native (aggressive)
Gaillardia sp.	Blanket Flower	D, R	Perennial



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Grasses			
• Calamagrostis sp.	<ul> <li>Feather Reed</li> </ul>	D, R	Perennial
• Cyperaceae sp.	<ul> <li>Sedge</li> </ul>	D	Perennial**
• Festuca sp.	Fescue	D	Perennial
• Molinia sp.	Moor Grass	D	Perennial
• Panicum sp.	<ul> <li>Switchgrass</li> </ul>	D	Perennial
• Pennisetum sp.	Fountain Grass	D	Annual
<ul> <li>Chasmanthium latifolium</li> </ul>	Wood Oats	D	Perennial
Helleborus sp.	Hellebore	D, R	Perennial
Heuchera sp.	Coral Bells	D	Perennial
Hibiscus sp.	Hibiscus	D	Perennial
llex sp.	Holly	D	Shrub
Hypericum sp.	St. John's Wort	R	Shrub, native
Iris sp. (not Dutch iris)	Iris	D, R	Perennial**
Lavandula sp.	Lavender	D, R	Perennial
Leucanthemum × superbum	Shasta daisy	D	Perennial
Lobelia cardinalis	Cardinal Flower	D, R	Native perennial flower
Lupinus* sp.	Lupine	R	Perennial
Monarda sp.	Beebalm	D, R	Native perennial flower
Narcissus sp.	Daffodils		Spring bulb
Nepeta sp.	Catmint	D, R	Perennial
Oenothera sp.	Evening Primrose	D	Native perennial flower
Paeonia sp.	Peony	D, R	Perennial
Papaver sp.	Рорру	D, R	Perennial
Perennial Geranium sp.	Cranesbill	D, R	Native perennial flower
Perovskia sp.	Russian Sage	<i>D, R</i>	Perennial
Phlox paniculata	Garden Phlox	D	Perennial
Picea sp.	Spruce	D	Evergreen tree
Pinus sp.	Pine	D	Evergreen tree
Platycodon grandiflorus	Balloon flower	D	Perennial
Physostegia sp.	Obedient plant	<i>D, R</i>	Native perennial flower
Polemonium* sp.	Jacob's Ladder	D, R	Native perennial flower
Polygonatum <sup>*</sup> sp.	Solomon's Seal	D, R	Native perennial flower
Pulmonaria sp.	Lungwort	D, R	Perennial
Primula sp.	Primrose	D, R	Perennial
Rudbeckia sp.	Black-eyed Susan	D	Native perennial flower
Salvia sp.	Perennial Sage	D, R	Perennial
Sedum sp.	Stonecrop	R	Perennial
Sempervivum sp.	Hen and Chicks	D, R	Perennial
Spiraea sp.	Spirea	D	Shrub



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Stachys sp.	Lamb's-ear	D, R	Perennial
Stokesia sp.	Stokes' Aster	<i>D, R</i>	Perennial
Tiarella sp.	Foamflower	D	Native perennial flower
Trollius sp.	Globeflower	R	Perennial
Thalictrum sp.	Meadow-rue	D	Perennial
Verbascum sp.	Mullein	D	Perennial
Veronica sp.	Speedwell	<i>D, R</i>	Perennial
Yucca sp.	Adam's Needle	D, R	Perennial

## References:

- Sheridan Nurseries Catalog
- Heritage Perennials Flyer
- Canadian Gardening <u>http://www.canadiangardening.com/how-to/pests-and-diseases/deer-proof-</u> your-garden/a/1574/2
- Ontario Ministry of Natural Resources
   <u>http://www.mnr.gov.on.ca/en/Business/FW/2ColumnSubPage/290041.html</u>
- Ontario Invasive Plants Council <u>http://www.ontarioinvasiveplants.ca/</u>
- Credit Valley Conservation Priority Invasive Plants <a href="https://cvc.ca/wp-content/uploads/2011/07/11-150-priorityinvasives-11-list-web.pdf">https://cvc.ca/wp-content/uploads/2011/07/11-150-priorityinvasives-11-list-web.pdf</a>
- Ontario Wildflowers <a href="http://www.ontariowildflowers.com/">http://www.ontariowildflowers.com/</a>

